



# Community Classes

City of San Juan  
Capistrano

Summer 2022

## KINDERGARTEN READINESS

This excellent program serves families who seek an educational experience that is fun, unique, and academic. The planned lessons and activities are hands-on and exciting. Children must be potty-trained.

**Instructor:** Annemarie Frahm    **Ages:** 3.5 - 7 years old

**Location:** Lacouague Bldg. 31421 La Matanzas St.

**KR Session 6 No classes May 30 for Memorial Day**

**Dates:** 4/25– 6/3

**Time:** 9:30am - 1:30pm

#410905-02

2 days a week \$ 525

#410905-03

3 days a week \$ 700

#410905-04

4 days a week \$ 875

#410905-05

5 days a week \$1,000

## PICKLEBALL BEGINNERS CLASS

This fun and fitness class will prepare you for the skills needed to play this fun and social game. Equipment will be provided!

**Instructor:** Raudel Barba    **Ages:** 50+

**Location:** SJC Tennis Courts, 31431 El Camino Real

**Dates:** Tuesdays 6/21-7/12

**Time:** 9:00am-10:00am

#412510-07

\$75/4 wks

**Dates:** Tuesdays 9/6-9/27

**Time:** 9:00am-10:00am

#112510-03

\$75/4 wks

## PICKLEBALL INTERMEDIATE

This class is for players that are experienced and play at least three days a week. This is a high energy workout that focuses on advanced strategies.

**Instructor:** Raudel Barba    **Ages:** 50+

**Location:** SJC Tennis Courts, 31431 El Camino Real

**Dates:** Tuesdays 6/21-7/12

**Time:** 10:00am-11:30am

#412510-08

\$110/4 wks

**Dates:** Tuesdays 9/6-9/27

**Time:** 10:00am-11:30am

#112510-04

\$110/4 wks

## PICKLEBALL ACADEMY

This one day 3-hour camp is all about taking your game to the next level. High energy specific drills to focus on proper winning mechanics and strategies. Finishing up with a fun but competitive round robin tournament.

**Location:** SJC Tennis Courts, 31431 El Camino Real

**Date:** Tuesday, July 26

**Time:** 8:00am-11:00am

#112510-02

\$60    Ages: 21+

## BALLET FOLKLORICO: YOUTH

Student will learn the basic dance steps and history of the many folklorico dances of Mexico. Girls need to wear comfortable clothes, black folklorico dance shoes, bring practice skirts and have their hair pinned up. Boys need to wear black folklorico dance boots.

**Instructor:** Maricela Moreno & Kimberly Ruiz

**Location:** Nydegger Building; 31421 La Matanza St

**Date:** Tues. & Thurs. 5/31 until 6/30 \$30/5 weeks

**Ages 7-12:** #410301-01    5:00pm-6:00pm

**Ages 13-18:** #410301-02    6:00pm-7:00pm

**Date:** Tues. & Thurs. 7/5 until 8/4 \$40/4 weeks

**Ages 7-12:** #110302-01    4:00pm-5:30pm

**Ages 13-18:** #110302-02    5:30pm-7:00pm

## BALLET FOLKLORICO: BEGINNERS

Come and learn different folklorico dances of Mexico. Students are not required to have any formal instruction experience. Girls need to wear comfortable clothes, folklorico dance shoes, have their hair pinned up and bring practice skirts to class. Boys need to wear folklorico dance boots.

**Location:** Nydegger Building; 31421 La Matanza St

**Instructor:** Hector Leon

Class meets every Monday & Fridays

**Dates:** 7/11-9/30

**Time:** 5:00pm-6:00pm

#111902-01

Ages: 5-9 \$90/9 wks

**Dates:** 7/11-9/30

**Time:** 6:00pm-8:00pm

#111902-02

Ages 10-15 \$120/9 wks

In Person registration at:  
San Juan Capistrano Community Center  
25925 Camino del Avion  
San Juan Capistrano, CA 92675  
[www.sanjuancapistrano.org](http://www.sanjuancapistrano.org)



Call the Community Services Dept. at (949) 493-5911 to register



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## BALLET FOLKLORICO: ADULTS

Ladies need to wear comfortable clothes, folklorico dance shoes, have hair pinned up and bring practice shirts. Gentlemen need to wear folklorico dance boots.

**Instructor:** Hector Leon      **Ages:** 15+

**Location:** Nydegger Building; 31421 La Matanza St  
Class meets every Tuesdays & Thursdays

**Dates:** 7/11-9/30      **Time:** 7:00pm-9:00pm  
#111902-03      \$120/9 wks

## ZUMBA FITNESS CLASS

Zumba is a Latin-inspired cardio-dance workout that uses music and choreographed steps to create a fun, "fitness-party" atmosphere. Each class emphasizes moving to the music and having a good time; no rhythm or dance experience required!

**Instructor:** Janet Galindez      **Ages:** 18+

**Location:** Limo Barn, 28632 Ortega Highway  
Class Meets Monday—Thursday

**Dates:** 06/13/22-06/16/22      **Time:** 7:00pm-8:00pm  
#434301-01      \$40

**Dates:** 06/20/22-06/23/22      **Time:** 7:00pm-8:00pm  
#434301-02      \$40

**Dates:** 06/27/22-06/30/22      **Time:** 7:00pm-8:00pm  
#434301-03      \$40

**Dates:** 07/05/22-07/07/22      **Time:** 7:00pm-8:00pm  
#1134301-01      \$30/**No class July 4**

**Dates:** 07/11/22-07/14/22      **Time:** 7:00pm-8:00pm  
#1134301-02      \$40

**Dates:** 07/18/22-07/21/22      **Time:** 7:00pm-8:00pm  
#1134301-03      \$40

**Dates:** 07/25/22-07/28/22      **Time:** 7:00pm-8:00pm  
#1134301-04      \$40

**Dates:** 08/01/22-08/04/22      **Time:** 7:00pm-8:00pm  
#1134301-05      \$40

**Dates:** 08/08/22-08/11/22      **Time:** 7:00pm-8:00pm  
#1134301-06      \$40

**Dates:** 08/15/22-08/18/22      **Time:** 7:00pm-8:00pm  
#1134301-07      \$40

**Dates:** 08/22/22-08/25/22      **Time:** 7:00pm-8:00pm  
#1134301-08      \$40

## BASIC HORSEMANSHIP

This class is a complete beginning lesson program. Students will be taught safety rules and step-by-step rules on how to groom, tack up and properly lead a horse. Parts of the horse, colors and markings will be studied. Simple first aid and proper technique with horses will be covered. This is an excellent class to introduce your child to the world of horses.

**Instructor:** Kathy Holeman      **Ages:** 5 - 15 years old

**Location:** Ortega Equestrian Center  
Class Meets Every Sunday

**Dates:** 05/29/22 – 07/10/22      **Time:** 8:00am - 8:30am  
#440101-02      \$120.00/4 Classes

## MUSIC TOGETHER

This popular, nationally acclaimed children's music and movement program is developmentally appropriate for children and easy for parent/caregivers regardless of their musical ability. Families participate together in songs, rhythmic chants, movement and instrument play.

**Instructor :** Elana Salisbury      **Age:** 0 - 4 years old w/ Adult

**Location:** Nydegger Building, 31421 La Matanza St  
Class Meets Every Wednesday

**Date:** 06/29/22-08/17/2022  
#421500-01      \$150/8 weeks      **Time:** 9:15am-10:00am  
#421500-02      \$150/8 weeks      **Time:** 10:15am-11:00am  
(Additional \$38 fee payable to instructor for books and materials)

## ETIQUETTE CLASSES

The Etiquette Factory is a unique learning experience developed to change the world, one child at a time. Over 50 different etiquette skills are taught using games, role play, props, music, stories and kind discussion.

**Instructor:** Jennifer Nelson      **Ages:** 5 - 12 years old

**Location:** Community Center, 25925 Camino del Avion

**Dates:** 07/18/22—07/21/22      **Time:** 1:00pm-4:00pm  
#140100-01      \$139/4 days

Call the Community Services Dept. at (949) 493-5911 to register